



FRANKLIN TOWNSHIP PUBLIC SCHOOLS

FEBRUARY 2012

SAMPSON G. SMITH SCHOOL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SERVED DAILY AT BREAKFAST: Assorted Cereals w/wo Graham Crackers or Cheese Stick, Fruit or Juice and Milk. Specialty of the Day Listed Below				
Breakfast Served Daily \$1.25 Paid; \$.30 Reduced Start your day the right way. Eat a healthy breakfast in school. 	All meals include protein, whole grains, whole wheat bread, choice of fresh and or canned fruits and vegetables, and choice of low-fat or skim milk. Vegetarian meal and assorted sandwiches served daily. Menu is subject to change. NO PORK PRODUCTS USED	Pancakes Turkey Hot Dog on Wheat Roll Vegetarian Beans Sauerkraut Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Waffles Cheese Omelet on Wheat Roll w/wo Grilled Turkey Ham Assorted Fruit Juice Hash Brown Potato Patty Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Yogurt w/Graham Crackers Pizza 4X6 Slice w/wo Turkey Pepperoni Tossed Garden Salad w/wo Dressing Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk
		<i>Alternate Entrée of the Week is Chicken Patty on Wheat Roll</i>		A 1
SERVED DAILY AT BREAKFAST: Assorted Cereals w/wo Graham Crackers or Cheese Stick, Fruit or Juice and Milk. Specialty of the Day Listed Below				
Bageler Stuffed Crust Pizza Dippers w/wo Dipping Sauce Peas and Carrots Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Smucker PB and J Chicken Nuggets w/wo Dipping Sauce Wheat Dinner Roll Green Beans Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Pancakes Mini Pancakes Canadian Style Turkey Ham Assorted Fruit Juice Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Waffles Breaded Oven Baked Chicken Creamy Mashed Potatoes Wheat Dinner Roll Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Yogurt w/Graham Crackers Pizzeria Style Pizza Tossed Garden Salad w/wo Dressing Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk
<i>Alternate Entrée of the Week is Hamburger on Wheat Roll</i>		D 6	E 7	F 8
SERVED DAILY AT BREAKFAST: Assorted Cereals w/wo Graham Crackers or Cheese Stick, Fruit or Juice and Milk. Specialty of the Day Listed Below				
Bageler Popcorn Chicken w/wo Dipping Sauce Wheat Dinner Roll Carrots Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Smucker PB and J Wheat Pasta w/wo Meatballs Garlic Toast OR Meatball Hoagie Tossed Garden Salad Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk <i>*Sweet Heart Surprise with Lunch*</i>	Pancakes Hamburger OR Cheeseburger On Wheat Roll Oven Baked Potatoes Peas and Carrots Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Waffles Mini French Toast Tasters Egg Omelet Assorted Fruit Juice Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Yogurt w/Graham Crackers Stuffed Crust 4 X 6 Pizza Tossed Garden Salad Assorted Fruit Juice Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk
<i>Alternate Entrée of the Week is Chicken Patty on Wheat Roll</i>		C 13	D 14	E 15
SERVED DAILY AT BREAKFAST: Assorted Cereals w/wo Graham Crackers or Cheese Stick, Fruit or Juice and Milk. Specialty of the Day Listed Below				
Bageler 	Smucker PB and J Chicken Sticks w/wo Dipping Sauce Wheat Dinner Roll Vegetable of the Day Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Pancakes Fish Patty on Wheat Roll w/wo Tarter Sauce Carrots Crispy Oven Baked Potato Gems Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Waffles Creamy Mac & Cheese Freshly Baked Soft Pretzel Broccoli Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Yogurt w/Graham Crackers Pizzeria Style Pizza w/wo w/wo Turkey Pepperoni Tossed Garden Salad w/wo Dressing Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk
<i>Alternate Entrée of the Week is 4X6 Pizza</i>		20	B 21	C 22
SERVED DAILY AT BREAKFAST: Assorted Cereals w/wo Graham Crackers or Cheese Stick, Fruit or Juice and Milk. Specialty of the Day Listed Below				
Bageler Chicken Patty on Wheat Roll w/wo Dipping Sauce Corn Niblets Vegetable of the Day Assorted Fruit, Assorted Milk	Smucker PB and J Mozzarella Sticks w/wo Dipping Sauce Green Beans Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Pancakes Hamburger OR Cheeseburger On Wheat Roll Oven Baked French Fries Peas and Carrots Choice of Fresh or Canned Fruit Choice of Low Fat or Skim Milk	Waffles <div style="background-color: yellow; padding: 5px;"> 24/7 LOG ON TO www.mypaymentsplus.com CHECK BALANCES AND HISTORY AND PUT MONEY ON ACCOUNT Call 732-873-2400 Ext. 505 to get more information OR put money on account through our office. We accept  </div>	Yogurt w/Graham Crackers ***IMPORTANT REMINDER*** Free/Reduced meal applications are accepted throughout the school year. If you wish to apply, applications are available at all schools, and at www.franklinboe.org or call 732-873-2400, Ext. 505.
<i>Alternate Entrée of the Week is Hamburger on Wheat Roll</i>		D 23	E 24	F 27
Menu Subject to Change Note: Paid Lunch \$1.85. Milk \$.40. Reduced Lunch \$.30. Veggie sticks w/wo dip and assorted breads offered daily. Yogurt lunch and assorted sandwiches available daily as alternate entrée.				
<small>No snacks may be purchased if the student has a negative balance. There is a \$25.00 fee for all returned checks. Refund of Money on Account issued within 7 days by Check Only</small>				