

COVID 19 Parent Resources

Information Specific to Franklin Township, Somerset County and the State of New Jersey

- [NJ Department of Public Health COVID-19 Information](#) (Updated Daily)
- [Somerset County Department of Health COVID-19 Information](#) (Updated Daily)
- [COVID-19 information for deaf and hard of hearing](#)

The United Way:

The United Way is able to provide invaluable and up-to-date information, as well as a number of services during financial, domestic, health or disaster-related situations.

- Health care professionals are available for assistance through the state's COVID-19 hotline at **1.800.222.1222** or **1.800.962.1253**.
- For general information, testing, and resources for basic needs, dial 211 or text your zip code to 898-211.
- <https://www.nj211.org/coronavirus-covid-19> provides an information and referral service by phone and via the web for all questions about social services in northern New Jersey.
- [United Way Contact if you need help](#)

Job Opportunities:

- <https://jobs.covid19.nj.gov/>

EMERGENCY BACKUP DIABETIC SUPPLY

If you are in need of Diabetic Supplies, You can get a free 2 week back up emergency Insulin Administration Supply Kit. Please visit this website:

<https://diabetesfoundationinc.org/> (Please be patient, as the website has been inundated since Governor Murphy's announcement on 3/23/2020)

Local Food Sources:

- Information regarding Breakfast/Lunch Go Packs for Franklin students may be found on the district home page website - www.franklinboe.org
- The Franklin Food Bank is providing Franklin Township residents in need with a fixed bag of food. An appointment is necessary to access these services. Please call 732-246-0009 Monday, Tuesday, Wednesday between 9:00 - 1:30 PM; Thursday 9:00- 6:30 PM.
- <https://franklinfoodbank.org/coronavirus-2/>
- Stage House Tavern on Amwell Road is offering meals to the elderly, Please check out the link below if you or anyone you know needs meals. <http://www.stagehousetavern.com/somerset/index.html>
- Eat Right - Consumer tips from the Academy of Nutrition and Dietetics and the CDC. <https://www.eatright.org/coronavirus>

Informational Video:

WANT TV- At Franklin High School, the Aspects of Video students created an informational video all about how germs are spread, how to prevent the spread of germs and proper handwashing techniques. The 2 school nurses had input in the video as well. Good for all ages to view.

Local Community Medical Resources:

Robert Wood Johnson University Hospital

732-828-3000

1 Robert Wood Johnson Place

New Brunswick, NJ 08901

RWJ University Hospital Somerset

908-685-2200

110 Rehill Avenue

Somerville, NJ 08876

St. Peter's University Hospital

254 Easton Avenue
New Brunswick NJ, 08901
732-745-8600

Eric B. Chandler Health Center
277 George Street
New Brunswick, NJ 08901
(732) 235-6700
(732) 235-6726 (FAX)

Monday - Thursday 8:00 AM – 8:30 PM
Friday 8:00 AM – 5:00 PM
Saturday 8:30 AM – 12:30 PM

Zufall Health Center- Medical
71 4th Street
Somerville, NJ 08876
(908) 526-2335
(908) 725-7274(FAX)

*Hours are subject to change

Mon 7:30 AM - 5:00 PM

Tues 7:30 AM - 7:00 PM

Wed 7:30 AM - 5:00 PM

Thur 7:30 AM - 6:00 PM

Fri 7:30 AM - 4:00 PM

Saturdays- call to confirm hours.

Important info: regarding COVID-19

- **Zufall does not have the ability to test for COVID-19 at this time but can test for flu if determined necessary.**

Zufall no cuenta con los exámenes para COVID-19 en este momento, pero puede hacer la prueba para influenza si se determina necesario.

- **Please continue to come to the office for your regular medical care as needed.**

Please continue to come to the office for your regular medical care as needed.

- **If you have a cough OR fever OR shortness of breath, please CALL FIRST rather than come directly to the health center. You will speak with a nurse to determine the best course of action.**

Si usted tiene tos O fiebre O siente falta de aliento o la respiración corta, por favor LLAME PRIMERO en lugar de venir directamente al centro de salud. Usted hablará con una enfermera para determinar el mejor curso a seguir.

- **Zufall Somerville is no longer providing dental services, including emergency dental services. If you have a dental emergency, please call the Dover or Hackettstown clinics.**

Zufall Somerville ya no brinda servicios dentales, incluidas emergencias. Si tiene una emergencia dental, llame a las clínicas de Dover or Hackettstown.

Zufall

Dover - Dental

17 South Warren St.

Dover, NJ 07801

(973) 328-3344

Or

Zufall

Hackettstown Medical-Dental

117 Seber Rd.

(5 Doctor's Park)

Unit 5

Hackettstown, NJ 07840

(908) 452-5366

- **Check zufallhealth.org regularly for updates to this information.**
Consulte zufallhealth.org regularmente para obtener información actualizada.

Emotional Support/Mental Health Resources:

- The Mental Health Association of NJ - call **877.294.HELP (4357)** for emotional support, guidance and mental health referrals as needed.
- [CDC-Managing Stress and Anxiety](#)
- [WHO- Stress and Anxiety](#)
- [Youth Helpline-addresses challenges and difficulties](#)
- Text TALKWITHUS to 66746
- Crisis text line text TALK to 741741
- National Suicide Prevention Lifeline; call 1-800-273-TALK (8255)

Bridgeway Psychiatric Emergency Screening Services - Somerset County
282 East Main Street, Somerville, NJ 08876
Phone: (908) 526-4100 Fax: (732) 292-6797

WHEN YOU NEED - Crisis intervention – Stabilization - Crisis Hotline - Family Crisis Services

Mobile Outreach - **Mobile outreach to all those in Somerset County experiencing acute psychiatric distress. Also providing traumatic incident debriefing.**

Services Include:

- **rapid mobile outreach focused on early intervention, least restrictive crisis intervention and hospital diversion**
- **Use of flexible follow-up PESS services, on-site and in-vivo, to ensure that individuals receive crisis intervention services while they are awaiting appointments with community providers or if they fail to keep the appointment and need an additional referral option**

Bridgeway PESS is only operating on a mobile basis at this time. There is no charge for services to individuals/families in need.

Activities and Articles for Parents to Help Explain COVID-19 to Children:

- [Talking to your children about COVID-19](#)
- [Talking to Tweens and Teens about COVID-19](#)
- [Interactive BrainPop \(free access\)](#)
- [Early Elementary Hand washing video](#)