



September 2017

**Middle School Lunch Menu**  
**Lunch Price \$2.50 Reduced \$0.00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Pre-Payments available at <a href="http://www.mypaymentsplus.com">www.mypaymentsplus.com</a> <b>Meatless Mondays!</b>				1 Summer Recess	<p><b>More Info...</b>  <u>Offered Daily:</u>            Chicken Patties            Cheeseburgers            Entrée Salads            Bagel Lunch            Assorted Deli Sandwiches            Peanut Butter &amp; Jelly Sandwiches</p> <p><b>Baked Tater Tots</b>            Once a Week</p> <p><b>Side Salads</b>            Fresh Fruit            Cupped Fruit</p> <p><u>Assorted Milk</u>            Skim            1% White            Skim Chocolate</p> <p><b>Grilled Chicken Salad &amp; Vegetarian Salad Available Daily</b></p> <p><b>Our menu has been planned to meet new federal regulations including, but not limited to, age groups and portion sizes.</b></p> <p><b>Price of item with lunch \$1.75</b></p>
4 No School  Labor Day	5 Summer Recess	6 Summer Recess	7 Summer Recess	8 Summer Recess	
11 No School  Fall Recess	12 Summer Recess	13 Spicy Chicken Patty on a WG Bun  Corn Niblets	14 Hot Dog on a WG Bun  Sweet Potato Fries	15 Homemade Cheese Pizza  Kale Salad with Strawberries	
18 Cheese Omelet with French Toast Sticks Syrup Mini Roasted Potatoes	19 Grilled Cheese Sandwich on WG Texas Toast  Zucchini Coins	20 Pasta with Meatballs Texas Garlic Toast Romaine Salad	21 No School  Fall Recess	22 No School  Fall Recess	
25 Oven Baked Breaded Mozzarella Sticks Marinara Sauce  Jersey Fresh Tomato Salad	26 Popcorn Chicken WW Dinner Roll  Corn on the Cob	27 Philly Cheese Steak on a WG Bun Peppers/Onions Mushrooms  Fiesta Black Bean Salad	28 <b><u>Deli Sandwich Day!</u></b> Create your own deli Sandwich with a variety of Meat, Cheese, Vegetables & Bread/Rolls/Wraps	29 Homemade Cheese Pizza  Broccoli Florets	

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**Special News... Meal Applications Now available Online!**

Food and Nutrition Office (732) 873-2400 Ext. 505 Now taking applications for substitute cafeteria workers  
 Participate in Breakfast...if you qualify for free/reduced lunch you also qualify for free/reduced breakfast!  
 This organization is an equal opportunity employer

Menus are subject to change without notice.