

One Circle Foundation Mission

One Circle Foundation promotes resiliency in children and youth, families, adults, and communities by offering circle program models that create, restore, and sustain healthy relationships. One Circle Foundation recognizes that healthy relationships are the core element to a healthy individual, family, society, and world.

We envision a world with an available and accessible ***“circle for every girl and young woman, and a council for every boy and young man.”***

We train, consult, and equip service providers to implement research-based circle program models and best practice evidence-based approaches to increase capacities and build healthy relationships.



Girls Circle® Girls Circle promotes resiliency and healthy relationships in pre-teen and adolescent girls and young women. Our purpose is to encourage the development of strength, courage, confidence, honesty, and communication skills for all girls. Our goal is to create safe, culturally competent and trauma-informed environments to honor girls' development and to enhance girls' abilities so they are able to take full advantage of their talents, academic interests, career pursuits, and potential for healthy relationships. Girls Circles are uniquely positioned to address and challenge cultural messages that limit and distort girls' self-image, and provide a female-responsive rites of passage process to support identity development. We have found that girls' self-expression within a safe caring environment encourages self-confidence, authenticity in relationships, and enhanced judgment skills.



The Council for Boys and Young Men® The Council promotes healthy masculinity development in boys and young men, ages 9 – 18. The group model aims to develop strength, responsibility and community in pre-teen and adolescent boys and young men by equipping facilitators with culturally competent skills, curricula, and resources to hold Councils in their communities. The Council recognizes boys' strengths and capacities, challenges myths and stereotypes, questions unsafe attitudes about masculinity, and encourages solidarity through personal and collective responsibility. The Council incorporates a relational-cultural framework and masculinity research practices, building on boys' abilities and creating opportunities for resilient actions and relationships in boys and young men's lives